

## Food, Nutrition and Dietetics: Dietetics Option (Two year plan)

### *Plan for Transfer Students*

#### Junior Year

##### First Semester

CHE 220 Organic Chemistry	(5)
FCS 101 Human and Family Development	(3)
FCS 103 Management for Consumers	(3)
FCS 113 Principles of Food Preparation	(3)
FCS 311 Community Nutrition, <i>Fall only</i>	(3)

**17 hours**

##### Second Semester

BSC 160 Microbiology and Society	(4)
FCS 200 Practical Problem Solving in FCS	(3)
FCS 217 Nutrition Through the Life Cycle, <i>Spring only</i>	(3)
KNR 182 Human Anatomy and Physiology	(3)
MQM 220 Business Organization and Management	(3)

**16 hours**

#### Senior Year

##### First Semester

FCS 219 Nutrition Counseling & Assessment, <i>Fall only</i>	(3)
FCS 300 Leadership Dev. for FCS Prof (sect.2), <i>Fall only</i>	(2)
FCS 316 Food Science, <i>Fall only</i>	(3)
FCS 317 Nutrition and Metabolism, <i>Fall only</i>	(4)
FCS 318 Foodservice Management, <i>Fall only</i>	(3)

**15 hours**

##### Second Semester

CHE 242 Biochemistry	(3)
FCS 312 Medical Nutrition Therapy, <i>Spring only</i>	(4)
FCS 319 Quantity Foods, <i>Spring only</i>	(4)
*FCS 398 Professional Practice	(3)

**14 hours**

This sample plan assumes students transfer with an A.S. or A.A. degree or having met IAI requirements.

Complete the equivalent of **FCS 102 - Fundamentals of Human Nutrition** prior to transferring.

It is strongly recommended that courses articulating to Illinois State University as **CHE 110** and **112** or **CHE 140** and **141**; **COM 110**; **ECO 103** or **105**; **PSY 110** or **111**; and the Global Studies (Non-Western) course requirement be completed prior to transferring as they are not included in this plan of study.

Most community colleges offer a food preparation course that can be substituted for **FCS 113 - Principles of Food Preparation**, and courses articulating to Illinois State University as **BSC 160**, **KNR 182** can also be transferred.

\* It is recommended that students complete their 398 experience prior to fall semester of the senior year. The summer following the junior year provides more options for professional practice sites and provides this experience prior to applying for dietetic internships in February of the senior year.