### Food, Nutrition and Dietetics: Dietetics Option (Four year sample plan)

#### Freshman Year

<table>
<thead>
<tr>
<th>First Semester</th>
<th>Second Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENG 101 Comp as Critical Inquiry or COM 110 (Gen Ed)</td>
<td>CHE 110 Fund of Chemistry (Gen Ed-NSA)</td>
</tr>
<tr>
<td>FCS 101 Human &amp; Family Develop or FCS 103</td>
<td>CHE 112 Fund of Chemistry Lab (Gen Ed-NSA)</td>
</tr>
<tr>
<td>PSY 110 or 111 Fundamentals of Psychology</td>
<td>COM 110 Comm as Crit Inquiry or ENG 101 (GenEd)</td>
</tr>
<tr>
<td>Gen Ed Math (M)</td>
<td>FCS 102 Fundamentals of Human Nutrition</td>
</tr>
<tr>
<td>Gen Ed Natural Science (NS-BSC 101 recommended)</td>
<td>FCS 103 Management for Consumers or FCS 101</td>
</tr>
</tbody>
</table>

15 hours

#### Sophomore Year

<table>
<thead>
<tr>
<th>First Semester</th>
<th>Second Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>* BSC 160 Microbiology &amp; Soc (Gen Ed – Grp 2-SMT)</td>
<td>CHE 220 Organic Chemistry</td>
</tr>
<tr>
<td>FCS 113 Principles of Food Preparation</td>
<td>FCS 217 Nutr Through the Life Cycle, <em>Spring only</em></td>
</tr>
<tr>
<td>Gen Ed Course – Group 1 (UST)</td>
<td>* Gen Ed Course – Group 2</td>
</tr>
<tr>
<td>Gen Ed Course – Group 1 (ICL)</td>
<td>* Gen Ed Course – Group 2</td>
</tr>
<tr>
<td>* Gen Ed Course – Group 2</td>
<td>* Gen Ed Course – Group 2</td>
</tr>
</tbody>
</table>

16 hours

#### Junior Year

<table>
<thead>
<tr>
<th>First Semester</th>
<th>Second Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>ECO 103 or 105 Economics</td>
<td>CHE 242 Biochemistry</td>
</tr>
<tr>
<td>FCS 200 Practical Problem Solving in FCS</td>
<td>MQM 220 Business Org &amp; Management</td>
</tr>
<tr>
<td>FCS 311 Community Nutrition, <em>Fall only</em></td>
<td>Elective</td>
</tr>
<tr>
<td>KNR 182 Human Anatomy &amp; Physiology</td>
<td>Elective</td>
</tr>
<tr>
<td>* Gen Ed Course – Group 2</td>
<td>Elective</td>
</tr>
</tbody>
</table>

15-16 hours

#### Senior Year

<table>
<thead>
<tr>
<th>First Semester</th>
<th>Second Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>FCS 219 Nutrition Counseling &amp;Assessment, <em>Fall only</em></td>
<td>FCS 312 Medical Nutrition Therapy, <em>Spring only</em></td>
</tr>
<tr>
<td>FCS 300 Leadership Dev. for FCS Prof (sect. 2), <em>Fall only</em></td>
<td>FCS 319 Quantity Foods, <em>Spring only</em></td>
</tr>
<tr>
<td>FCS 316 Food Science, <em>Fall only</em></td>
<td>** FCS 398 - Professional Practice</td>
</tr>
<tr>
<td>FCS 317 Nutrition &amp; Metabolism, <em>Fall only</em></td>
<td>Elective</td>
</tr>
<tr>
<td>FCS 318 Food Service Management, <em>Fall only</em></td>
<td>(1-2)</td>
</tr>
</tbody>
</table>

15 hours

---

* General Education requires one course from each of the six Group 2 categories (FA, H, SS, LH, QR, and SMT).

The Global Studies requirement can be met by selected courses in the Gen Ed – FA, H, and SS categories.

** Students may choose to complete the 398 experience the summer following their junior or senior years in order to have more flexibility with their professional practice location and course schedule.

Gen Ed-NS Alternatives: BSC 197 for 101; CHE 140 & 141 for 110/112  
Suggested electives: FCS 315; HSC 105 350; KNR 113, 180

3/7/2014